

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	619	Schaller, Manuel	AMC Wittgenstein Bad Berl	00:31.00		00:31.40		01:02.40	30
2	605	Fuchs, Maik	AMC Wittgenstein Bad Berl	00:31.37		00:31.09		01:02.46	27
3	418	Rademacher, Tobias	MSC Lennetal-Bamenohl	00:31.87		00:31.73		01:03.60	24
4	4506	Marques, Fabio	MSC Süd Sauerland	00:31.96		00:31.86		01:03.82	22
5	614	Rahrbach, Nico Jannis	AMC Wittgenstein Bad Berl	00:31.87		00:32.12		01:03.99	20
6	3708	Mc Bride, Jan	MSC Oberruhr Velmede	00:32.15		00:32.06		01:04.21	18
7	4722	Müntjes, Leon Lukas	MSC Oeventrop	00:31.80		00:31.10	2	01:04.90	16
8	1220	Stoll, Robin	MSF Cobbenrode	00:32.63		00:32.37		01:05.00	14
9	3613	Wagener, Marco	OC Siegerland-Nord	00:31.00	4	00:31.14		01:06.14	13
10	4727	Kaiser, Lars	MSC Oeventrop	00:33.48		00:32.82		01:06.30	12
11	624	Stockmann, Corinna	AMC Wittgenstein Bad Berl	00:32.72		00:33.64		01:06.36	11
12	3407	Grabert, Peter	Olper AC	00:33.01		00:33.82		01:06.83	10
13	4513	Dumke, Patricia	MSC Süd Sauerland	00:33.74		00:33.45		01:07.19	9
14	3421	Siscaro, Giuseppe	Olper AC	00:32.70	2	00:32.67		01:07.37	8
15	2906	Leifert, Lucas	AMC Obernau	00:33.49		00:33.90	2	01:09.39	7
16	4311	Puche, Michelle	AC Hohenseelbachkopf	00:32.95	4	00:33.72		01:10.67	6
17	4305	Kring, Dean-Mario	AC Hohenseelbachkopf	00:32.97	4	00:33.81		01:10.78	5
18	4509	Laux, Carolin	MSC Süd Sauerland	00:33.71	2	00:33.24	2	01:10.95	4
19	3116	Oster, Steffen	MSC Oenetal	00:34.52		00:35.17	2	01:11.69	3
20	4904	Kohls, Maurice	Kiersper RC	00:32.91	2	00:32.79	4	01:11.70	2
21	1016	Obenlüneschloß, Sabrina	AMC Burbach	00:34.38		00:34.80	4	01:13.18	1
22	3716	Steinmann, Johannes	MSC Oberruhr Velmede	00:38.76	2	00:32.56		01:13.32	1
23	4312	Kretzer, Alicia	AC Hohenseelbachkopf	00:34.93	2	00:34.54	2	01:13.47	1
24	4501	Korzeniowski, Pia Cathrin	MSC Süd Sauerland	00:35.12	2	00:34.73	2	01:13.85	1
25	3125	Andrzejewski, Lars	MSC Oenetal	00:33.06	8	00:33.14		01:14.20	1
26	3611	Neuhaus, Ann-Christin	OC Siegerland-Nord	00:33.15	12	00:31.36		01:16.51	1
27	4907	Müller, Stefan	Kiersper RC	00:33.26	6	00:33.77	4	01:17.03	1
28	3401	Kolodziej, Dustin	Olper AC	00:35.94	2	00:35.01	6	01:18.95	1
29	110	Knecht, Patrick	MSC Altena	00:35.77	6	00:37.43	10	01:29.20	1
30	3726	Böckmann, Leon	MSC Oberruhr Velmede	00:43.99	140	00:33.38		03:37.37	1

Zeitnahme: Rolf Geyer
 Auswertung: Frank Bamberg

Schnellster Lauf: 00:31.00
 (Schaller, Manuel - 1 / 619)