

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	601	Biegler, Jens	AMC Wittgenstein Bad Berl	00:31.43		00:31.52		01:02.95	30
2	1026	Thanabalasingam, Janujan	AMC Burbach	00:31.24		00:30.81	2	01:04.05	27
3	2808	Müller, Leon	MSF Netphen	00:32.74		00:32.10		01:04.84	24
4	4507	Marques, Julio	MSC Süd Sauerland	00:31.81	2	00:31.51		01:05.32	22
5	4508	Dumke, Timo	MSC Süd Sauerland	00:32.64		00:32.69		01:05.33	20
6	3410	Schneider, Tim	Olper AC	00:32.97		00:32.92		01:05.89	18
7	627	Werner, Kevin	AMC Wittgenstein Bad Berl	00:33.23		00:32.88		01:06.11	16
8	1032	Schon, Rouven	AMC Burbach	00:31.56	2	00:30.73	2	01:06.29	14
9	3512	Mache, Brian	MSC Schmallenberg	00:33.00		00:34.07		01:07.07	13
10	425	Schmidt, Andre	MSC Lennetal-Bamenohl	00:33.65		00:34.95		01:08.60	12
11	3502	Hertel, Philip	MSC Schmallenberg	00:33.71		00:33.13	2	01:08.84	11
12	3117	Janssen, Kevin	MSC Oenetal	00:33.73	2	00:33.18		01:08.91	10
13	4901	Billhardt, Dennis	Kiersper RC	00:35.18		00:33.89		01:09.07	9
14	2904	Schelhas, Vera	AMC Obernau	00:33.69	2	00:33.46		01:09.15	8
15	1231	Hensel, Nicole	MSF Cobbenrode	00:34.40		00:34.84		01:09.24	7
16	903	Günther, Jannik	Briloner AC	00:32.42	4	00:32.01	2	01:10.43	6
17	3418	Alfes, Nico	Olper AC	00:34.41	2	00:34.13		01:10.54	5
18	3616	Häusig, Lukas Marvin	OC Siegerland-Nord	00:35.18		00:35.48		01:10.66	4
19	1029	Obenlüneschloß, Robin	AMC Burbach	00:33.35	4	00:33.37		01:10.72	3
20	3602	Bierbaum, Tim	OC Siegerland-Nord	00:35.72		00:35.16		01:10.88	2
21	1206	Schweigert, Gérard	MSF Cobbenrode	00:33.97		00:35.84	2	01:11.81	1
22	3523	Birlenbach, Florian	MSC Schmallenberg	00:35.29	2	00:34.94		01:12.23	1
23	3705	Kry, Niklas	MSC Oberruhr Velmede	00:31.53	4	00:31.30	6	01:12.83	1
24	4313	Plate, Sven	AC Hohenseelbachkopf	00:36.29		00:37.33		01:13.62	1
25	3101	Sauer, Lars	MSC Oenetal	00:34.71	4	00:36.45		01:15.16	1
26	4307	Völke, Leon	AC Hohenseelbachkopf	00:32.21	8	00:32.36	4	01:16.57	1
27	907	Köster, Christopher	Briloner AC	00:33.20	6	00:33.42	4	01:16.62	1
28	2922	Heupel, Franziska	AMC Obernau	00:32.91		00:33.01	12	01:17.92	1
29	4310	Schlosser, Alina	AC Hohenseelbachkopf	00:37.33		00:36.92	4	01:18.25	1
30	405	Wilmes, Andre	MSC Lennetal-Bamenohl	00:36.39		00:38.02	4	01:18.41	1
31	3409	Bauer, Maximilian	Olper AC	00:40.27	4	00:34.01	4	01:22.28	1
32	124	Schüssler, Karl Henrik	MSC Altena	00:38.44	6	00:37.70	6	01:28.14	1
33	128	Selle, Philipp	MSC Altena	00:40.71	6	00:40.66	4	01:31.37	1

Zeitnahme: Fabian Land  
Auswertung: Malte Müns

Schnellster Lauf: 00:31.24  
(Thanabalasingam, Janujan - 2 / 1026)